





# BETHE BOSS





Today we will have the opportunity to explore your "why" and reflect on the qualities you need to embrace to take charge of your own life.

We will be watching videos featuring Jay-Z and Nicki Minaj, and your task will be to analyze the messages conveyed by these artists and discover how you can incorporate their wisdom into your own journey of self-discovery.





## SEL CONNECTION

Identifying your why allows you to develop your **self-awareness**, **self-management**, and **responsible decision-making** skills.









## ICEBREAKER

# MY SUPER SELFIE





## ICEBREAKER



#### MY SUPER SELFIE

Grab a sheet of paper and something colorful to draw with. Find a spot in the room and let your imagination run wild!

- Think about the superpower you've always dreamed of having.
- Use the paper and marker to create a self-portrait of yourself as a superhero or even a villain!
- Gather with the rest of the class and share in detail.











## POWER OF PERSPECTIVE







## POWER OF PERSPECTIVE

- 1) Watch the video.
- 2) Using the <u>"5 Thoughts" document</u> take down notes, quotes, and/or images that resonate with you.









### LESSON: PART ONE



#### POWER OF PERSPECTIVE



#### NOTE 2 SELF

Write a letter to yourself using the information you have processed along with what resonates from your own life experiences.



This letter can serve as a mirror as you speak to yourself and design the reflection of the person you want to become.



This letter can serve as a window if you recognize yourself as an asset, knowing your life holds meaning and purpose.











## LIKE A BOSS 2 BE A BOSS









#### LIKE A BOSS 2 BE A BOSS

- 1) Watch the video of Nicki Minaj sharing insights that have helped her succeed in her industry.
- 2) Using the <u>"5 Thoughts" document</u> take down ideas, quotes, or concepts that stand out to you.







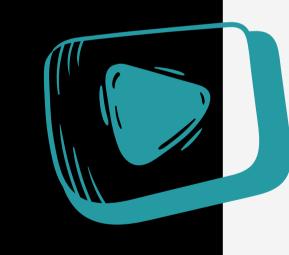
### LESSON: PART TWO





#### LIKE A BOSS 2 BE A BOSS

- 1) Use the format of a 59-second Instagram video as inspiration.
- 2) Record a video talking about the importance of being the boss of your own life.
- Remember, thinking like a boss is a crucial step before you can become a boss in any professional context.
- Act like a boss and value yourself in a way that others will also recognize and value.





UNLEASH YOUR CREATIVITY, HAVE FUN AND MAKE YOUR PERSONAL 59-SECOND VIDEOS!





# DEBRIEF/ EXTENSION





## DEBRIEF



#### BE THE BOSS

- Why do you think it is important to understand what it means to be a boss?
- How do you develop a boss mindset when it comes to how you see yourself within the various spaces that you operate in such as school, home and community?
- What have you learned about yourself by going through the activities of writing a note to yourself and shooting a video?



