



COLLEGE & CAREER

FUTURE THINKING



INTRODUCTION

Today, we will

- * Visualize our future lives
- * Listen to “Manifest” by Russ



SEL CONNECTION



Self-awareness, responsible decision-making and **self-management** are necessary ingredients for taking action to create the futures we want for ourselves and others.





ICEBREAKER

COMPLETE THE SENTENCE



COMPLETE THE SENTENCE

- 1) Choose one strip from the container and open it.
- 2) Reflect and think about your response.
- 3) Walk around and find a partner to share with.
- 4) Switch sentence strips with your partner and respond to your new strip.
- 5) Find a new partner and share.





LESSON PART ONE

THINK ABOUT IT



LESSON: PART ONE



WATCH A VIDEO



THINK ABOUT IT

- 1) Watch "Manifest" by Russ.
- 2) Pay close attention to the tone and message of the song.

RUSS - MANIFEST





THINK ABOUT IT

- 1) In small groups, share how your assigned quote relates to the theme of "My Future."
- 2) Record your thoughts on chart paper in thought bubbles.
- 3) Whole class share out.
Highlight any connections you can make to other groups!



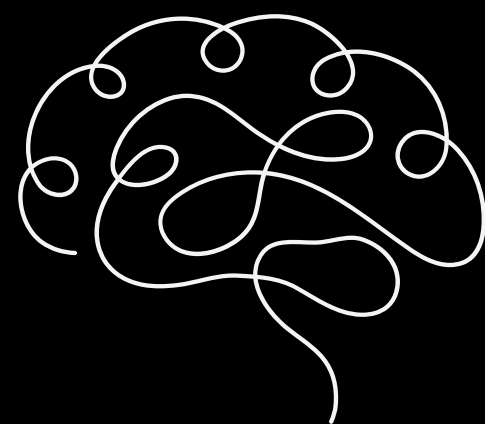


DEBRIEF / EXTENSION





FUTURE THINKING



VISUALIZE

To form a mental image of; imagine.





FUTURE THINKING

WHY IS IT IMPORTANT TO VISUALIZE YOUR GOALS?

