



Hi Level Mindset

Note Catcher

Get Ya Mind Correct for the New School Year

In this lesson, students will create a plan for the school year to balance their school and personal lives in order to succeed in their specific educational settings

LESSON PART TWO

What is one academic goal I have for this year? (Be specific)

What is one non-academic or personal goal I have for this school year?

(Continued below)



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LESSON PART TWO (CONTINUED)

How will I use positivity to achieve my goals listed above?

How will I use intentionality to achieve my goals listed above?

What do I need to be disciplined about in order to achieve my goals listed above?

What negativity do I need to remove from my life in order to achieve my goals listed above?

What do I want to be remembered for this year?