

Name: _____

Date: _____

RESOLVING CONFLICTS

List the names of people in the school community you can trust for good advice when it comes to conflicts.

- 1)
- 2)
- 3)
- 4)

SAMPLE CONFLICT RESOLUTION SCRIPT

Title: The High Road

Characters:

- Jason (protagonist, struggles with the decision)
- Tonya (friend who spread the rumor)
- Jessica (friend affected by the rumor)
- Mark (Jason's older brother)

SCENE 1: VERBAL ALTERCATION

Jason, Tonya, and Jessica are in the school cafeteria.

Tonya: (angrily) Jason, I can't believe you spread that rumor about me! It's all over social media now!

Jessica: (upset) Yeah, that was really hurtful. I thought we were friends, Jason.

Jason: (defensive) It was just a joke! I didn't mean for it to get out of hand.

The tension escalates, and it seems like a fight might break out.

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RESOLVING CONFLICTS

SAMPLE CONFLICT RESOLUTION SCRIPT (CONTINUED)

SCENE 2: TAKING THE HIGH ROAD

Jason takes a deep breath and steps back.

Jason: (calmly) Look, I'm sorry. I shouldn't have said that, even as a joke. Let's not make this worse by fighting.

Jessica and Tonya pause, surprised by Jason's response.

Jessica: (softening) Okay, let's try to resolve this without making a scene.

Tonya: (reluctantly) Fine, but I'm still mad at you, Jason.

Jason looks conflicted but remains composed.

SCENE 3: SEEKING ADVICE

After school, Jason talks to his older brother Mark.

Jason: (frustrated) Mark, I don't know if I did the right thing today. It was hard not to react when they were so mad at me.

Mark: (wise) Jason, I'm proud of you for taking the high road. Reacting with anger would've only made things worse. You showed responsible decision-making.

Jason: (reflective) Yeah, I guess you're right. It's just tough sometimes.

Mark: (encouraging) Remember, it's important to seek advice from people you trust when facing conflicts. I've always valued positive friendships and avoided toxic situations.

SCENE 4: LESSON LEARNED

Back at school, Jason reflects on the advice he received from Mark.

Jason: (narrating) I learned that day that letting my emotions control me in a conflict only makes things worse. Taking the high road and seeking guidance from my brother helped me resolve the situation peacefully.

The scene ends with Jason smiling and talking to Tonya and Jessica, showing that they have moved past the conflict.

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RESOLVING CONFLICTS

SCRIPT PROMPTS

What is the conflict?

What emotions or SEL competencies will be present in your script?

- ☐ Self-awareness
- ☐ Social-awareness
- ☐ Self-management
- ☐ Responsible Decision Making
- ☐ Relationship Skills

What could each person have done to avoid the conflict?

How was the conflict resolved? What role will an advisor play in this conflict?

What is the lesson you want the audience to learn?

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RESOLVING CONFLICTS

TIME TO DRAFT YOUR SCRIPT!

