

ACADEMIC CHALLENGE

SITUATION

A student has been struggling with a particular subject and has received a low grade on their latest test.

Discuss how someone with a **growth mindset** would approach the situation compared to someone with a **fixed mindset**.

NOTES

SPORTS COMPETITION

SITUATION

A student is part of a sports team and faces tough competition from other schools. Their team loses a crucial match, and the student feels disheartened.

Discuss how someone with a **growth mindset** would approach the situation compared to someone with a **fixed mindset**.

NOTES

SOCIAL CONFLICT

SITUATION

A student experiences a conflict with a friend or peer, leading to misunderstandings and hurt feelings.

Discuss how someone with a **growth mindset** would approach the situation compared to someone with a **fixed mindset**.

NOTES

CREATIVE PROJECT DEADLINE

SITUATION

A student is working on a creative project with a tight deadline. They encounter challenges such as writer's block, technical issues, or lack of resources.

Discuss how someone with a **growth mindset** would approach the situation compared to someone with a **fixed mindset**.

NOTES

PERSONAL GOAL ACHIEVEMENT

SITUATION

A student sets a personal goal, such as improving their physical fitness, learning a new skill, or overcoming a fear.

Discuss how someone with a **growth mindset** would approach the situation compared to someone with a **fixed mindset**.

NOTES