

DO THE RIGHT THING

**AMPLIFY YOUR VOICE
FOR CHANGE**



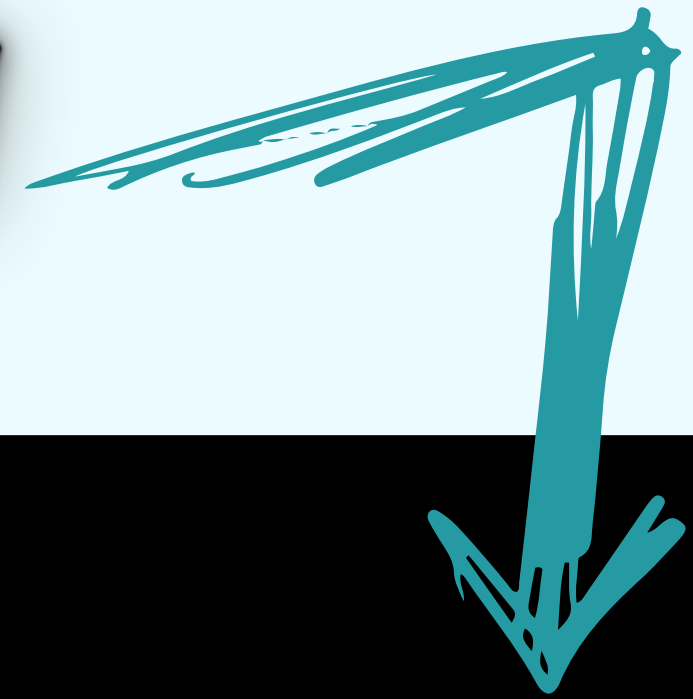
INTRODUCTION

Today, we will:

- * Articulate the importance of advocacy through voice.
- * Analyze the impact of social change movements.
- * Develop a personal action plan to use your voice effectively for social change.



SEL CONNECTION



Today, we will practice **self-awareness, relationship skills, responsible decision-making,** and **social awareness.**





ICEBREAKER

SILENT VOTING



ICEBREAKER

>>> GET MOVING!

SILENT VOTING

- Listen carefully as each statement is read aloud.
- Move silently to the corner of the room that best represents your opinion.
 - Strongly Agree
 - Agree
 - Disagree
 - Strongly Disagree
- No talking—let your movement speak for you!



SILENT VOTING

STATEMENT #1

Everyone deserves fair and just treatment that respects their humanity.



SILENT VOTING

STATEMENT #2

Our voices can change the world for the better.



SILENT VOTING

STATEMENT #3

Some voices carry more weight than others.





LESSON PART ONE

FINDING YOUR VOICE TO FIGHT SOCIAL CHANGE





FINDING YOUR VOICE

SOCIAL CHANGE

Define social change in five words.





FINDING YOUR VOICE

SOCIAL CHANGE

Changes in human interactions and relationships that transform cultural and social institutions



LESSON: PART ONE

➤➤➤ GET MOVING!

FINDING YOUR VOICE

WOULD YOU RATHER? REFLECT AND CHOOSE

Listen to the question and select which you would rather do by going to **Side A** or **Side B** of the room.



FINDING YOUR VOICE



1

WOULD YOU RATHER...

A

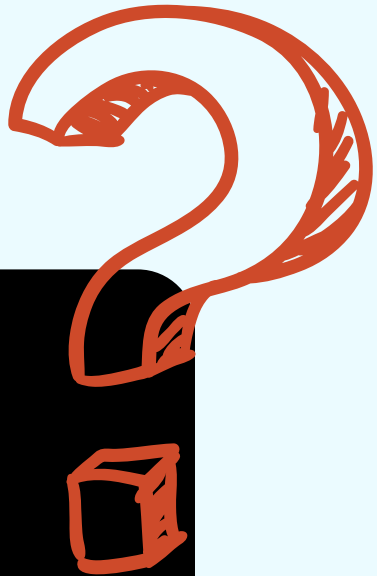
...advocate for a cause that is very personal to you but might not resonate with others?

B

...support a popular cause that doesn't personally affect you?



FINDING YOUR VOICE



2

WOULD YOU RATHER...

A

...have the ability to speak to large audiences about social change?

B

...write powerful articles that inspire others to take action?



FINDING YOUR VOICE



3

WOULD YOU RATHER...

A

...have the power to inspire and influence people through social media, spreading awareness and sparking change with your words and content?

B

...have the power to create real-world impact by ensuring fair and just treatment for everyone, directly advocating for their rights and dignity?



FINDING YOUR VOICE

4

WOULD YOU RATHER...

A

...face significant challenges to help others?

B

...live a comfortable life without making a difference?



FINDING YOUR VOICE

5

WOULD YOU RATHER...

A

...be an international changemaker?

B

...be an influential figure in your local community?





LESSON PART TWO

USING YOUR VOICE TO DRIVE CHANGE





USING YOUR VOICE

- How would you define **empathy** in your own words?
- What is the difference between **empathy** and **sympathy**?





USING YOUR VOICE

- **Sympathy** = Feeling sorry for someone else's situation.
- **Empathy** = Understanding and acknowledging their feelings.



LESSON: PART TWO



USING YOUR VOICE

Witness the Work of Sara Mora

Watch: This 22-year-old immigrant rights activist is fighting for migrant stories to be heard.





USING YOUR VOICE

Use the Empathy Map to analyze the video about Sara Mora.

- **Says** – What did Sara say about her experiences and activism?
- **Thinks** – What thoughts might she have as she fights for immigrant rights?
- **Feels** – What emotions might she experience during her journey?
- **Does** – What actions has she taken to create change?





USING YOUR VOICE

IMMIGRANT

A person who moves from one country to another to live there permanently or for a long time. People immigrate for different reasons, like finding a better job, reuniting with family, or escaping danger in their home country.





USING YOUR VOICE

DOCUMENTED

An immigrant who has official papers (such as a visa or green card) that allow them to live, work, or study in a new country legally.





USING YOUR VOICE

UNDOCUMENTED

An immigrant who does not have official papers that allow them to live in a new country legally. This might mean they stayed after their papers expired or that they were unable to secure papers when they arrived in a new country. Undocumented immigrants often face challenges, such as not being able to work legally or fearing deportation.





USING YOUR VOICE

DACA (DEFERRED ACTION FOR CHILDHOOD ARRIVALS)

A program in the United States that helps some undocumented immigrants who came to the country as children. DACA allows them to stay in the U.S. without fear of being deported and gives them permission to work and go to school. However, it does not make them U.S. citizens, and they have to renew their status every few years.

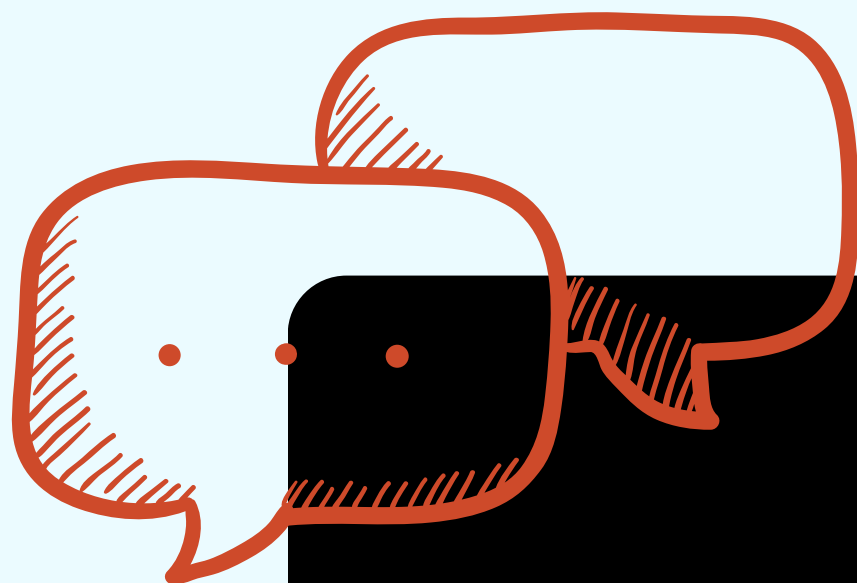




USING YOUR VOICE

3 steps for teens who see students from other countries being harassed at school...





USING YOUR VOICE

STEP IN OR SPEAK UP (SAFELY)

If it's safe, call it out—something as simple as **“Yo, that’s not cool”** or **“Chill, they didn’t do anything to you”** can shut down hate real quick. If stepping in isn’t safe, show support after—**let the person know they’re not alone** and that what happened wasn’t okay.





USING YOUR VOICE

GET AN ADULT INVOLVED (SNITCHING ≠ DOING THE RIGHT THING)

Reporting isn't being a snitch—it's making sure your school is a place where **everyone feels safe**. If you see bullying happen often, tell a teacher, counselor, or admin who actually listens. Anonymous reporting is also an option at most schools if you're worried about drama.





USING YOUR VOICE

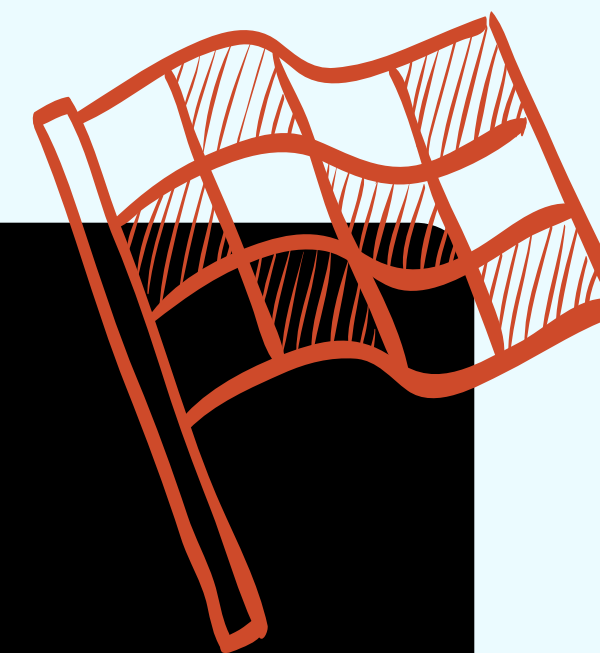
BE A REAL ONE (SUPPORT BEYOND THE MOMENT)

Go beyond stopping the harassment—**be the friend they need**. Sit with them at lunch, include them in convos, invite them into your social group.





USING YOUR VOICE



BOTTOM LINE

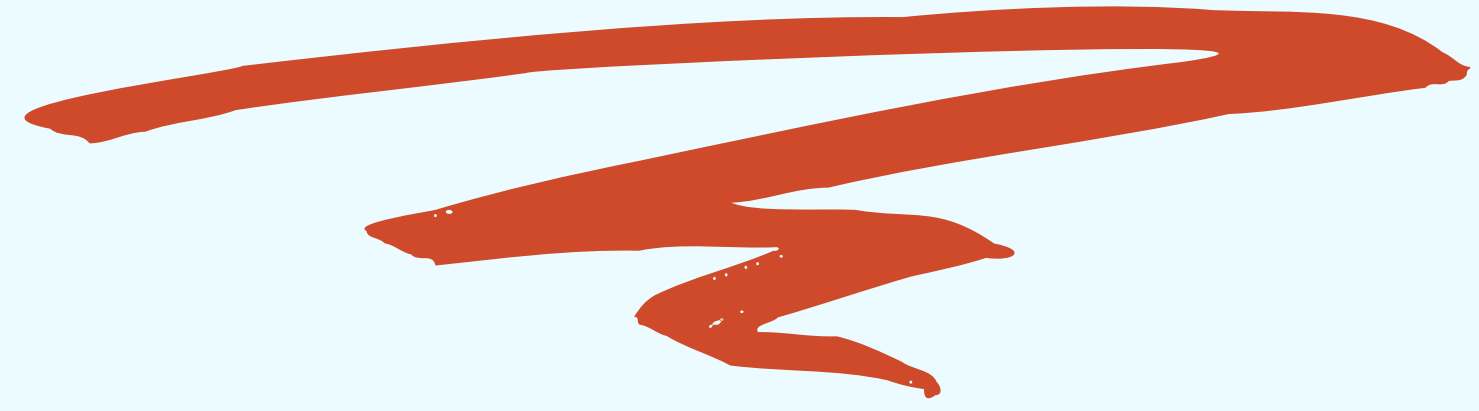
Responsible decision-making means choosing what's right even when it's not easy. **Be the kind of person who makes school a better place for everyone.**





LESSON PART THREE

HASHTAGS FOR SOCIAL CHANGE



HASHTAGS FOR SOCIAL CHANGE

On your #hashtag card, write:

- 1) A hashtag that raises awareness about immigrant rights.
- 2) A second hashtag that connects to an SEL competency (Self-Awareness, Social-Awareness, Self-Management, Relationship Skills, or Responsible Decision-Making).



EXAMPLE

#MigrantsRightsAreHumanRights
#SocialAwareness





HASHTAGS FOR SOCIAL CHANGE

PAIR SHARE TO WHOLE GROUP SHARE

Observe the #hashtag cards around the room.

- Which hashtags resonated with you, and what were the reasons for their impact?
- In what ways do these hashtags relate to Sara Mora's activism?

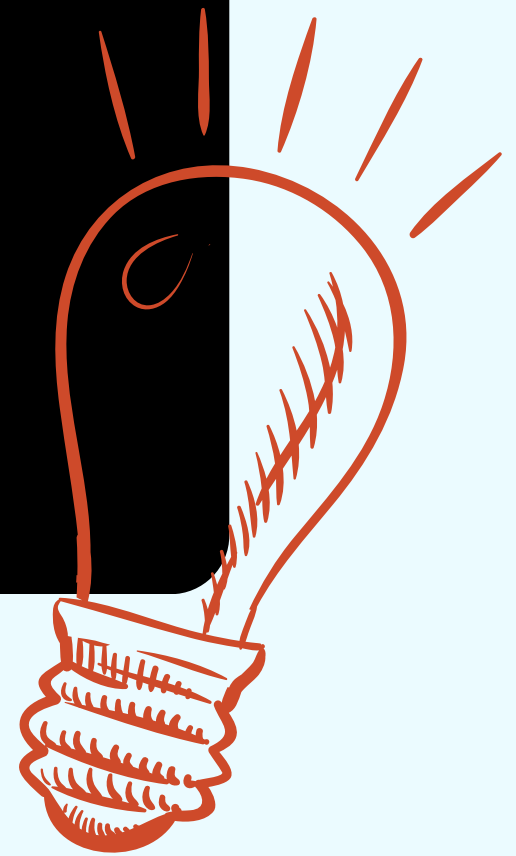




TIPS FOR TAKING ACTION

LISTEN AND LEARN

Take time to understand the experiences of others by listening to stories, reading about social issues, and staying informed.





TIPS FOR TAKING ACTION

SPEAK UP

Use your voice to advocate for fairness and inclusion, whether in conversations with friends, in class discussions, or on social media.

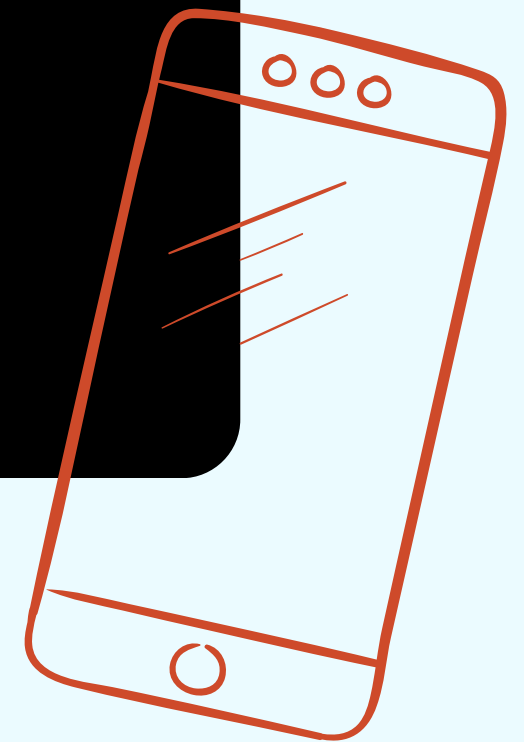




TIPS FOR TAKING ACTION

SUPPORT AND SHARE

Follow and share content from activists, organizations, and credible sources that promote social change and immigrant rights.

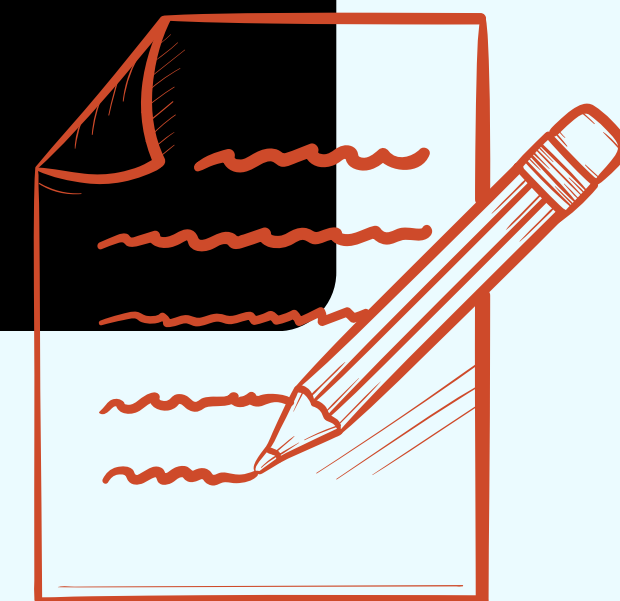




TIPS FOR TAKING ACTION

TAKE ACTION

Find small ways to make a difference, like signing petitions, attending events, or starting conversations that challenge injustice.



LESSON: PART THREE



TIPS

TIPS FOR TAKING ACTION

WHICH TIP WILL YOU USE IN YOUR LIFE?

