





SEL-EBRATING WOMEN'S HISTORY





INTRODUCTION

Today, we will:

- * Learn about influential women leaders and how their identities shaped their fight for equality.
- * Explore the concept of intersectional identity and how it impacts a person's experiences and choices.
- * Create an identity map to better understand a woman leader's background and advocacy work.
- * Make connections between your own identity and the work of an inspiring advocate.



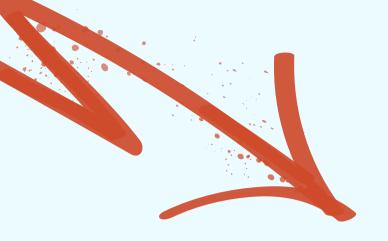


SEL CONNECTION

Today, we will practice **social awareness** by recognizing how intersectional identities shape women's leadership and advocacy, fostering empathy and a deeper understanding of diverse perspectives in the fight for equality.









ICEBREAKER

5 WORDS OF INSPIRATION







ICEBREAKER





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Think of a woman who inspires you—she can be from your family, community, or a historical figure.

Write her name and list 5 adjectives that describe her.







ICEBREAKER



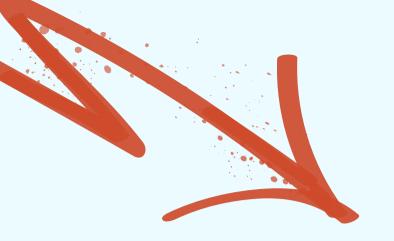
5 WORDS OF INSPIRATION

CIRCLE UP!

Share your adjectives and talk about how you chose an inspiring woman.













THE POWER OF WOMEN'S LEADERSHIP







LESSON: PART ONE



THE POWER OF WOMEN'S LEADERSHIP

While watching this video about the Women's Rights Movement, consider:

- Who are the women in the video, and what did they fight for?
- What challenges did they face?
- How did their identities shape their actions?





LESSON: PART ONE



THE POWER OF WOMEN'S LEADERSHIP

Turn and talk with a partner using the following guided questions:

- Why is it important to see diverse leaders?
- How can someone's identity impact their fight for equality?
- What stood out to you about how these women used their voices for change?











UNDERSTANDING INTERSECTIONAL IDENTITY









UNDERSTANDING INTERSECTIONAL IDENTITY

INTERSECTIONALTY

How different parts of a person's identity—like race, gender, and class—shape their experiences.







UNDERSTANDING INTERSECTIONAL IDENTITY

Choose one leader from the video to research.



Viola Davis



Susan B. Anthony



Amelia Earhart



Shirley Chisholm



Malala Yousafzai



Greta Thunberg





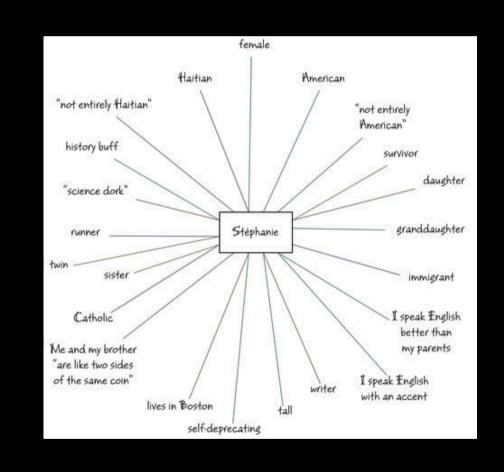


UNDERSTANDING INTERSECTIONAL IDENTITY

Create an identity map that shows:

- Their identities (like race, gender, and background)
- Causes they fought for
- How their identity shaped their leadership

Add drawings or symbols to make your map creative!









UNDERSTANDING INTERSECTIONAL IDENTITY

Think about these questions as you work:

- What personal experiences motivated this person to act? How did their identity shape their understanding of injustice and their role in creating change?
- Fighting for change often requires perseverance and resilience. What role
 might self-management (the ability to regulate emotions, thoughts, and
 behaviors) play in activism? What challenges might this person have overcome?
- What tough decisions did this person have to make in their advocacy? What can we learn from their story about ethical leadership and resilience?









UNDERSTANDING YOUR INTERSECTIONAL IDENTITY







LESSON: PART THREE





YOUR INTERSECTIONAL IDENTITY

Now, create a mind map about you!

Draw a map of your own intersecting identities—like race, gender, language, nationality, or anything else that makes you you.





LESSON: PART THREE





YOUR INTERSECTIONAL IDENTITY

Think about:

- What personal experiences motivate you to act?
- How does your identity shape your understanding of injustice and your role in creating change?
- Fighting for change often requires perseverance and resilience. What role might self-management (the ability to regulate emotions, thoughts, and behaviors) play in your activism?
- What challenges might you have had to overcome?









DEBRIEF/ EXTENSION





EXTENSION



SELEBRATING WOMEN'S HISTORY

- Look at both of the identity maps you created and think about how you connect with the woman you researched.
- Write one sentence about what you have in common or what inspires you about her.
- If you're comfortable, share your sentence with the class!



