

Name:

NOTE CATCHER



Date:

## FEELING FREEDOM

After watching the video of Jason Reynolds' poem about the power of Juneteenth, respond to the questions below.

What role do the SEL competencies have in fighting for freedom?	
Relationship Skills	
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Responsible Decision Making	
Self-Awareness	
Sen-Awareness	
Self-Management	
Social Awareness	
Which of the competencies surface in the verses of Reynolds' poem?	
which of the competencies surface in the verses of keyholds poem.	

(continued on next page)



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## FEELING FREEDOM

Jason Reynolds begins his poem with the following lines:

I've often imagined that feeling / What it must have been like to get word that you / That we/ Were free.

Later in the poem, he asks, "What did freedom feel like on the first day?"

Write down any thoughts that come to mind when you read these lines.