



## INTRO TO ADVISORY



# WHAT IS ADVISORY & WHY DOES IT MATTER?

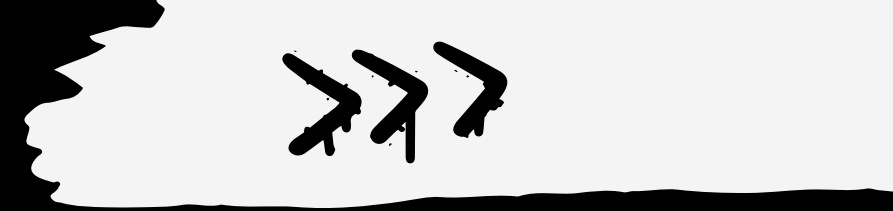




# OBJECTIVE

Today, we will learn about the purpose of advisory and how it supports your development of SEL skills—especially self-awareness and relationship skills.

We will co-create a shared advisory culture and begin setting goals based on your SEL self-assessments.



# ICEBREAKER

PICK A PROMPT  
BLOCK PARTY



# ICEBREAKER

>>> GET MOVING!

## PICK A PROMPT BLOCK PARTY

Find a partner and take turns responding to a prompt.

We'll change partners each round!



# ICEBREAKER



>>> GET MOVING!

## PICK A PROMPT BLOCK PARTY

### ROUND 1

What song would you choose for your My Life Mixtape?

*This should be a song that has a positive meaning and makes you feel joy.*



# ICEBREAKER

>>> GET MOVING!

## PICK A PROMPT BLOCK PARTY

### ROUND 2

What movie do you enjoy that has taught you a valuable life lesson?



# ICEBREAKER



>>> GET MOVING!

## PICK A PROMPT BLOCK PARTY

### ROUND 3

If you were stranded on a deserted island what item would you want to have with you? Why?





LESSON

PART ONE

WHY DO WE HAVE  
ADVISORY?





# LESSON: PART ONE



WATCH A VIDEO

## WHY DO WE HAVE ADVISORY?



# LESSON: PART ONE



TALK ABOUT IT

## WHY DO WE HAVE ADVISORY?

### Discussion Questions:

- What do you think advisory is for?
- When has advisory felt helpful? When has it felt boring or like a waste of time?
- What would make advisory meaningful for you this year?







LESSON

PART TWO

INTRO TO SEL



# LESSON: PART TWO



TALK ABOUT IT

## INTRO TO SEL

**There are 5 SEL Competencies**

1. Self-Awareness
2. Self-Management
3. Social Awareness
4. Relationship Skills
5. Responsible Decision-Making





# LESSON: PART TWO



WATCH A VIDEO

## INTRO TO SEL

Watch the video, then respond to the discussion questions:

- Which of these skills feels most important for your life?
- Do any of these competencies connect to what you shared during the block party?
- Which one do you want to grow this year?





LESSON

PART THREE

# SEL SELF-ASSESSMENT + GOAL SETTING





# LESSON: PART THREE



## SEL SELF-ASSESSMENT


Use the “**Know Yourself to Grow Yourself**” worksheet to assess how well you follow the SEL competencies and to set a personal growth goal tied to that skill.



LESSON

PART FOUR

# OUR PURPOSE & AGREEMENTS





# LESSON: PART FOUR



TALK ABOUT IT

## OUR PURPOSE & AGREEMENTS

In small groups discuss:

- What do you want this space to feel like?
- What helps everyone feel safe and included?
- What should be our shared goals for advisory?



# LESSON: PART FOUR



TALK ABOUT IT

## OUR PURPOSE & AGREEMENTS

### CLASS ADVISORY AGREEMENTS

Share your ideas for our class advisory agreements.

Together, we will decide on 3-5 we will all commit to.

