

Name: _____

Date: _____

CLAIM WHAT'S YOURS

Option A: Visual Metaphor

Draw an image that represents your inner “warrior” (e.g., flames, armor, wings, a shield).

Which SEL competency does your image align with? Explain why.

Self-Awareness

Social-Awareness

Responsible Decision Making

Relationship Skills

Self-Management

(continued below)



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Option B: Statement of Empowerment

Craft your own "Adelita" phrase: "I am [identity], the [powerful symbol] in me."



Which SEL competency does your statement align with? Explain why.

Self-Awareness

Social-Awareness

Responsible Decision Making

Relationship Skills

Self-Management

